# GOVERNMENT OF INDIA
# HEALTH AND FAMILY WELFARE
# LOK SABHA

UNSTARRED QUESTION NO:5703
ANSWERED ON:30.04.2003
ILL-EFFECT OF COMPUTERS
JAYABEN B. THAKKAR

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

(a) whether long hours at computers may cause blood clots as reported in the `The Hindu` dated January 31, 2003;

(b) if so, the facts thereof; and

(c) the steps being taken by the Government to tackle the situation?

## Answer

MINISTER OF HEALTH AND FAMILY WELFARE AND PARLIAMENTARY AFFAIRS (SMT. SUSHMA SWARAJ)

(a) to (c) According to the Indian Council of Medical Research (ICMR), blood clot is not due to long hours at computer but due to sitting in cramped position which may lead to deep venous thrombosis.